

Effective Communication 101: General Tips to Know

Take Time To Inform:

Make sure that you clearly, and promptly, inform your child's teacher, and other appropriate school personnel, of any issues your child is dealing with or any concerns that you might have – especially if the issue at hand might impact your child's performance or behavior.

Find Ways To Get Involved:

Parent involvement is not only limited to parent organizations, ask about other opportunities to get engaged at your child's school. Actively engaging at your child's school also provides avenues for communication with not only your child's teacher but also other relevant school personnel. Involvement can also foster positive relationships with other parents and uncover essential information that would be valuable for your child's success.

Ask For Help:

There are times when you need help. It might be help that you need from your child's teacher or school, but also on occasion you might need assistance that the school may not have the resources or capacity to provide. Nurturing relationships with your child's teacher, other parents, or even other individuals might lead you to the organization, agency, or resource that can give you the exact assistance that you, or your child, need.

Need help getting started? Consider trying a few of these sentence starters to engage your child's teacher or school:

- "I'm concerned about my child's..."
- "Help me understand..."
- "Have you considered..."
- "I've noticed..."
- "Her IEP provides her with _____. How does that look in the classroom?"
- "It seems as if he has a harder time doing ____ when _____."

These sentence starters were informed and adapted from www.understood.org. Please visit our website for more useful resources and tip sheets. If you want one-on-one assistance, please feel free to call our office, we look forward to working with you!



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